



## WELCOME TO THE WOMEN'S GUILD

You are now part of a **compassionate, energetic & creative group of women** helping fulfill the mission of Art & Creativity for Healing to support emotional healing through art & creative expression for those living with pain, grief, fear or stress. Your mission is to be **Art4Healing® Ambassadors**, advocating & fundraising for Art & Creativity for Healing in the community.

Not only are you going to have fun as a member of the Women's Guild, you will be playing a key role in helping us build more relationships in the community! We are so happy that you are passionate about our mission and we appreciate your desire to be a part of it!

### Overview of Art & Creativity for Healing

**Since 2000**, Art & Creativity for Healing (ACFH) has offered unique workshops for children and adults suffering from abuse, illness, grief or stress; on-site and at hospitals, schools, military bases, and nonprofit agencies.

ACFH facilitates the creative process while encouraging emotional healing—and these two paths often intersect when words are not adequate, and pain is too deep. Our mix of artistic development and expression coupled with a creative healing model allows participants to learn **a new way of communicating through color** that encourages **emotional breakthroughs** and further enhances the therapy process. Unlike other art programs that employ a loose format of free expression, our curriculum contains strictly guided exercises (guided by our trained facilitators) and is designed to elicit emotional responses.

Since our inception, we have directly fostered transformational change in more than **70,000 children and adults** who have found our creative intervention a valuable tool to address the often-unbearable pain in their lives. With **more than 35 non-profit program partners** in Orange and San Diego Counties, we have created an effective methodology for reaching people in pain.

Our workshops are led by facilitators (including professional artists, educators, therapists and medical professionals) trained and certified in the use of guided exercises to encourage and nurture participants to confront and work through their traumas using color and painting. Licensed mental health counselors from partner agencies are usually present at workshops to respond to psychosocial issues among participants requiring attention.

Our Founder/Director, Board of Directors, and you, the **Women's Guild, actively fundraise throughout the year**. We seek support from foundations, corporate and private donors to subsidize **free workshops** for individuals experiencing economic hardship. We also facilitate workshops for individuals who are able to pay workshop fees. No fundraising dollars are requested for these self-supporting programs. We also offer training to facilitate Art4Healing's workshops, a self-supporting program, through Brandman University (part of the Chapman University system). Proceeds from the training program are also used to finance administrative costs.



## Fundraising

### **Create a Healing Art Box fundraising page!**

Each year we give away 1,000 Healing Art Boxes to economically disadvantaged children. Go to our website and click on the link to register. You can find it under the "Volunteer" section.

## Volunteering

### **Volunteer at a workshop at one of our partner agencies!**

You would be providing assistance to one of our trained facilitators. Our Program Manager will teach you how to sign up online.

## Other Ways to Get Involved

### **Use your creativity to put together themed baskets for our silent auction.**

This starts closer to the gala in June.

### **Secure silent auction donations for our 2018 Palette of Colors Dinner & Auction!**

We will provide donation packets that you can give out to potential businesses (restaurants, nail salon, etc).

## **As Guild Members, you are our AMBASSADORS!**

### **Here are some TIPS from Guild Member Sue Stinson on how to be an awesome ambassador for ACFH**

- **Experience Art & Creativity for Healing for yourself! Volunteer in various workshop locations with different facilitators. Seeing the workshop participants share from their hearts will add extra motivation!**
- **Take a workshop yourself! Experience the Art4Healing® method by taking a weekend workshop!**
- **Be educated and understand what we do and where we do it.**
- **Here are some suggested steps when asking for auction items:**
  - 1) **Create a short "elevator speech" about the mission of ACFH and mention a few locations.**
  - 2) **Introduce yourself with donation paperwork in hand, explain you are a guild member, explain the Palette of Colors Dinner & Auction, and be specific about what you are asking for.**
  - 3) **Get the name or business card of who you are speaking with so you can follow up.**

## **Who We Serve in the Community and Partner Agencies**

We have partnered with several agencies in and around Orange County to provide support for five specific groups that we're focused on serving:

- **Human Options:** weekly workshop for women who have been victimized by domestic violence
- **"Visiting Art Angel Bedside Program" at Children's Hospital in Orange County (CHOC):** provide 4 weekly workshops for children in long-term care
- **"Healing for Heroes and their Families Program":** weekly workshops for Camp Pendleton's Wounded Warriors and their families
- **"Raging Colors: Expressive Painting for Teens":** 3-times weekly workshops to children and teens in the ACCESS Schools of Orange County
- **"Creative Tools for the Homeless Program":** weekly workshops for homeless children and their families in partnership with Project Hope Alliance, American Family Housing Shelter for the Homeless, The Illumination Foundation, Someone Cares Soup Kitchen, and the OC Rescue Mission.
- **"Vintage Colors: Art4Healing Over 60":** 3-times weekly workshops to underserved, low-income senior population of Orange County

Art & Creativity for Healing Inc. provides our Art4Healing workshops to all individuals, regardless of race, creed, sex, or age. Our nonprofit, hospital, university, and military partner agencies include:

**American Family Housing Shelter for the Homeless**—Homeless populations

**Big Brothers/Big Sisters of Orange County**—At-risk youth (Bigs & Littles)

**Camp Pendleton Marine Base, San Clemente**—Children and their families affected by military deployments

**Casa Teresa, Orange**—Single, pregnant women

**Children's Hospital Orange County (CHOC)**—Children suffering from leukemia and other life-threatening illnesses and their families

**CSP Community Service Programs, Santa Ana**—Sexual assault, victims' services, and domestic violence assistance programs

**Combat Veterans, Court House, Santa Ana**—Veterans in the court system

**Dorothy Visser San Clemente Senior Center**—seniors in San Clemente

**Families & Communities Together (F.a.C.T), Orange**—8 Family Resource Centers for underprivileged children: Anaheim-Fullerton FRC, Anaheim Harbor, Corbin Family Resource Center, La Habra FRC, Minnie St. FRC, So. Orange County FRC, Stanton FRC, The Friendly Center Collaborative.

**Florence Sylvester Senior Center**—Seniors in Laguna Hills

**Girls Inc., Costa Mesa**—At-risk girls

**Hoag Hospital, Newport Beach**—Families coping with cancer or other chronic or terminal illness

**Human Options, Irvine**—Victims of domestic violence

**Illumination Foundation**—**Santa Ana, Stanton, and Santa Fe Springs**—Homeless children and families

**Kinship Center, Orange**—Foster children

**Mariposa Women's Center, Orange**—Bereavement workshops for children and adults

**Mission Hospital, Mission Viejo & Laguna Beach**—Families coping with illness or grief

**North Orange County Veterans, Garden Grove**—Vets associated with Naval Hospital Long Beach working with North OC Vet Center

**Olive Crest, Santa Ana**—Abused children

**Orangewood Children's Foundation, Orange**—Foster youth

**Orange County Rescue Mission, Tustin**—Homeless shelter

**Pepperdine University, Irvine**—Masters Candidates in Psychology

**Phoenix House, Santa Ana**—Teens in recovery from substance abuse

**Project Hope Alliance, Costa Mesa**—Homeless children

**Santa Ana Adult Day Healthcare**—Seniors experiencing life's challenges—grief, illness, stress

**Someone Cares Soup Kitchen, Costa Mesa**—Homeless children and their families

**Shanti OC, Laguna Hills**—Men, women, children and families in Orange County living with HIV/AIDS