Thank you to everyone who has supported us this year and in prior years. Your donations have helped us become a valuable resource in the community serving tens of thousands of children, teens and families suffering from pain, grief, fear and stress every year.

I would like to highlight a few of our 2019 accomplishments:

• We have gifted over 1,600 Healing Art Boxes with ten brand new art supplies to economically disadvantaged children and teens throughout Los Angeles, Orange, and San Diego Counties.

• We have expanded our “Healing for Heroes & Their Families” by adding a once a week class for the Wounded Warrior Battalion in addition to our weekly classes at the Naval Hospital Deployment Health Center and the San Onofre Elementary School that are all located on The Camp Pendleton Marine Base.

• Our “Raging Colors-Expressive Painting for Troubled Teens” has also expanded this year to 6 schools in Orange and L.A. Counties.

I am also pleased to announce the success of our second year with our online Art & Creativity for Healing International Certification program which began January 2018. This online certification has created a new source of revenue for our organization that allows us to continue to expand our programs by training facilitators around the world with our Art4Healing method.

With Heartfelt Thanks,

Laurie Zagon
Founder & Executive Director

2019 By the Numbers
5000+
Children & Adults Served and Impacted

400+
Workshops Facilitated

1600+
Healing Art Boxes and Bags Delivered

41
Non-Profit Partner Agencies
ABOUT ART & CREATIVITY FOR HEALING:

OUR HISTORY AND MISSION

Since our inception in 2000, Art & Creativity for Healing, Inc., a 501(c)(3) nonprofit corporation, has directly fostered transformational change for over 85,000 children, women, and families who have found our creative intervention a valuable tool to address the often unbearable pain in their lives.

We give pain a voice and meaning by providing therapeutic art workshops to support emotional healing for children, families, individuals, and military personnel using our unique Art4Healing® method. These workshops and are held at our facility in Laguna Hills, California, and on-site at hospitals, treatment centers, schools, military facilities, shelters, and other non-profit centers.

A CREATIVE PROCESS THAT FACILITATES HEALING

Art & Creativity for Healing facilitates the creative process while encouraging emotional healing. These two paths often intersect when words are not adequate, and pain is too deep.

The mix of artistic development and expression coupled with a creative healing model allow participants to learn a new way of communicating through color that encourages emotional breakthroughs and further enhances the therapy process. Unlike other art programs that employ a loose format of free expression, the Art4Healing® curriculum contains strictly guided exercises, conducted by trained and certified facilitators, and is designed to elicit emotional responses.

OUR MISSION

IS TO SUPPORT EMOTIONAL HEALING THROUGH ART & CREATIVE EXPRESSION FOR THOSE LIVING WITH PAIN, GRIEF, FEAR OR STRESS.

Art4Healing® PROGRAM IMPACT:

With data collected from 4,055 Art4Healing® workshop participants between 2016-2018, we completed Outcomes Reports for 3 of our core programs that serve teens, homeless and economically disadvantaged families, active duty marines, veterans and their families. We are thrilled with the results and excited to share the Reports Key Findings (% represent outcome averages from 3 reports).

GREAT WORKSHOP
89.05% of participants strongly agreed the workshop was great

FELT BETTER
93.28% of participants strongly agreed that they felt better after taking a workshop

SHARED EMOTIONS
84.6% of participants strongly agreed that the workshop helped them express their emotions and feelings

TAKE ANOTHER WORKSHOP
93.7% of participants would like to take another Art4Healing workshop

REASONS
Top psychological reason that adult participants took workshops: Anxiety/Stress (65%)
Top psychological reason that child participants took workshops: I Like Art (83.3%)
A FINANCIAL SNAPSHOT:

**Total Income:** $624,000.00
- Donations and Foundation Grants: 60%
- Fundraising: 20%
- Fee for Service: 20%

**Total Distribution:** $624,000.00
- Programs: 90%
- Administration: 10%

*All donations and grants are from individuals and foundations; Art & Creativity for Healing does not receive any type of Government funds.*

PARTICIPANT QUOTE:

“These painting are showing me how there are dark things in my life, but also light – I forget sometimes.”

-2019 Creative Tools for the Homeless Participant

SEE WHAT WE DO:

Scan this code with the photo app on your phone or follow this link to see a workshop and participants:

https://youtu.be/cnHID1Ph7p8

20 YEAR ANNIVERSARY

Palette of Colors
PLATINUM GALA 2020

OCTOBER 17, 2020

JOIN US AS WE CELEBRATE THE PAST & LOOK FORWARD TO ALL THAT IS TO COME

WWW.ART4HEALING.ORG/GALA

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Suite I-5
Laguna Hills, CA 92653
949.367.1902
info@art4healing.org
www.art4healing.org

A 501(c)3 Public Benefit Corporation
OUR PROGRAMS & PARTNERSHIPS:

Since our inception in 2000, Art & Creativity for Healing, Inc., a 501(c)(3) nonprofit corporation, has directly fostered transformational change for over 85,000 children, women, and families who have found our creative intervention a valuable tool to address the often unbearable pain in their lives. With more than 41 non-profit program partners in Orange, San Diego and Los Angeles counties, we have created an effective methodology for reaching people in pain. Thanks to the support of foundations, corporate and private donors, we are able to provide programs and services for approximately 4,000 Orange County and San Diego residents each year. We serve all individuals regardless of race, creed, sex, age, or emotional stability.

Our programs are specifically designed to meet the unique needs of the communities that we serve, including:

- Women who have been victimized by domestic violence
- Children and teens from economically challenged families struggling with anger and dysfunction
- Children hospitalized with cancer
- Seniors struggling with grief
- Active military and veterans and their families
- Homeless children and their families

VISITING ART ANGEL PROGRAM

Children in Long Term Care
CHOC: Children’s Hospital Orange County
End of life care for patients and their families
Southern California Hospice Foundation/Companion Hospice

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HOMELESS CHILDREN & THEIR FAMILIES

Families in Economic or Social Hardship
American Family Housing Illumination Foundation L.A. CADA (Allen House) OC Rescue Mission Regina House Skyview School for Homeless Children Someone Cares Soup Kitchen Tustin Temporary Emergency Shelter

OUT OF THE DARKNESS

Workshops for victims of domestic violence, human trafficking or assault
Human Options Emergency Shelter South Orange County Family Resource Center La Habra Family Resource Center Minnie Street Family Resource Center Costa Mesa Family Resource Center Children’s Bureau at Family Oasis Family Resource Center Waymakers

FACT PROGRAM

“Families and Communities Together” Adoptive Families, Cultural Adaptation, Domestic Violence Victims, Economic Hardship, Family Reunification, Foster Families
Costa Mesa Family Resource Center Family Oasis Family Resource CenterFriendly Center Orange Family Resource Center Friendly Center Placentia Family Resource Center La Habra Family Resource Center Minnie Street Family Resource Center Oak View Family Resource Center Orange Family Resource Center Stanton Family Resource Center Westminster Family Resource Center

AT RISK YOUTH & TEENS

Expressive Painting for Teens and At Risk Youth
17th & Ross ACCESS Mission Viejo ACCESS Harbor Learning Center ACCESS Fountain Valley Education Center ACCESS KidWorks OC Girls Inc. Los Angeles Western Youth Services Olive Crest Academy Project Access Westminster Boys & Girls Club Stanton Boys & Girls Club Westminster Washington Middle School

MILITARY FAMILIES

Active Duty Marines, Veterans, & Their Families
Camp Pendleton Wounded Warriors Battalion West Health Deployment Center/SARP at Camp Pendleton Marine Base Working Wardrobes - Power Up for Vets Camp Pendleton San Onofre School

VINTAGE COLORS

Senior citizens living with loss, grief or illness
City of San Juan Capistrano Senior CenterLa Habra Family Resource Center Project Access Westminster Seniors Council on Aging Southern California

www.art4healing.org