

WELCOME TO



ART &
CREATIVITY
FOR HEALING



PALETTE OF COLORS

HATS OFF TO GIVING

DINNER & AUCTION

MAY 14, 2022

6:00-10:00 PM

LAKE MISSION VIEJO CLUBHOUSE

HOW YOUR DONATION HELPS



\$60

Gift one student one Art4Healing® workshop.

\$240

Gift one student a **4-week series** of Art4Healing® workshops.

\$600

Gift an **entire class** of 10 students one Art4Healing® workshop.

\$2400

Gift an **entire class** of 10 students a **4-week series** of Art4Healing® workshops.

\$25,000

Gift an **entire year-long program** of Art4Healing® workshops.

www.art4healing.org/give

Art & Creativity for Healing
23011 Moulton Parkway, Suite I-5,
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info@art4healing.org - www.art4healing.org

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WELCOME TO A

PARTY WITH A PURPOSE

RAISING FUNDS TO SUPPORT
MENTAL HEALTH & EMOTIONAL HEALING
THROUGH ART & CREATIVE EXPRESSION FOR:

Troubled Teens
Survivors of Domestic Violence & Sex Trafficking
Grieving Seniors
Families Experiencing Homelessness
Wounded Warriors

AT THE 2022



PALETTE OF COLORS

HATS OFF TO GIVING

DINNER & AUCTION

EVENT SCHEDULE

Registration

Doors open at 5:30 p.m.

Hors d'Oeuvres & Silent Auction Preview

5:30-7:00 p.m.

Silent Auction

6:00-8:30 p.m.

Dinner

7:00 p.m. - 8:00 p.m.

Program

8:00 p.m. – 8:30 p.m.

Raffle Winners Announcement

8:30 p.m.

Music, Dancing, & Mingling

8:30 p.m. – 10:00 p.m.

OUR MISSION



OUR MISSION:

TO SUPPORT EMOTIONAL HEALING
THROUGH ART & CREATIVE EXPRESSION
FOR THOSE LIVING WITH
PAIN, GRIEF, FEAR OR STRESS.

OUR MISSION

We give pain a voice and meaning by providing therapeutic art workshops to support mental health and emotional healing for children, families, individuals, and military personnel using our unique Art4Healing® method. These workshops and community programs offer expression, encouragement, clarity, and insight, and are held at our facility in Laguna Hills, California, and on-site at hospitals, treatment centers, schools, military facilities, shelters, and other non-profit centers.

A CREATIVE PROCESS THAT FACILITATES HEALING

Art & Creativity for Healing facilitates the creative process while encouraging mental health & emotional healing—and these two paths often intersect when words are not adequate, and pain is too deep.

The mix of artistic development and expression coupled with a creative healing model allow participants to learn a new way of communicating through color that encourages emotional breakthroughs and further enhances the therapy process. Unlike other art programs that employ a loose format of free expression, the Art4Healing® curriculum contains strictly guided exercises, conducted by trained and certified facilitators, and is designed to elicit emotional responses.

A HISTORY OF TRANSFORMATION

Since our inception in 2000, Art & Creativity for Healing, Inc., a 501(c)(3) nonprofit corporation, has directly fostered transformational change for over 80,000 children, women, and families who have found our creative intervention a valuable tool to address the often unbearable pain in their lives.

With more than 40 non-profit program partners in Orange, San Diego and Los Angeles counties, we have created an effective methodology for reaching people in pain. Thanks to the support of foundations, corporate and private donors, we are able to provide programs and services for approximately 4,000 Southern California residents each year. We serve all individuals regardless of race, creed, sex, age, or emotional stability.

BOARD OF DIRECTORS

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WANT TO JOIN OUR NON-PROFIT BOARD?
Contact co-chairs Thanh & Lino Cambaliza at:
thanh.cambaliza@gmail.com

EVENT CHAIRS

Lino & Thanh Cambaliza

A SPECIAL THANKS TO

Thanh & Lino Cambaliza

**FOR CO-CHAIRING OUR BOARD OF DIRECTORS
AND CHAIRING TONIGHT'S EVENT**

Thanh Cambaliza, CPA is a Founding Partner of Cambaliza McGee LLP, a certified public accounting firm in Newport Beach, CA. She was born in Vietnam. At the young age of 20, she came to the U.S. very curious about life and about anything that had to do with business. Since 2006, Thanh has been in the practice of public accounting and it was the perfect career choice.



Thanh's primary experience is in income tax strategy, planning, and consulting for clients in industries such as real estate, distribution/manufacturing, and professional services. Her approach to tax planning is highly creative and comprehensive, as she analyzes a business holistically as well as its current and ideal tax levels. This diverse type of work stimulates Thanh's entrepreneurial and creative mind and she especially likes providing complex business and tax strategies to help her clients become more profitable. Just as she is in all areas of her life, Thanh is extremely passionate about seeing her clients' businesses thrive as if they were actually her own business.

When she is not working, Thanh loves spending time with her husband and co-founding partner Lino Cambaliza, CPA, 6 year old son LB and 2 year old daughter Camile. They all love traveling and giving back to the community in various ways.

While searching for the family's charitable focus, Lino discovered Art & Creativity for Healing, a small yet so impactful and effective organization. Thanh then quickly joined and the rest is history.

In addition to all the healing it offers to the community, Art & Creativity for Healing has such a positive impact on Lino and Thanh's business. The team at Cambaliza McGee LLP attends various corporate workshops led by ACFH team members after a hectic busy season. In those workshops, all members are allowed to safely process their struggle of long working hours, express their appreciation to each other and appreciate their own career growth.

HEARTS FOR HEALING



Margie Bushaw
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Marilyn Liu
Andi Mandel
Rachel Mathews
Suzie Miller

Sue Parr
Patti Romo
Sue Stinson
Lisa Stoughton
Diane Stroebel
Randi Winters
MaryAnn Wisner
Sandy Wood
Brenda Zeller



A HeARTfelt thank you to our HeARTs for Healing Women's Guild! These compassionate, energetic, and dedicated ladies serve as ambassadors and representatives of our organization to the community. Without their support, this event would not be possible.

VOLUNTEER OF THE YEAR

Joe Sorrentino

Joe Sorrentino has been volunteering for Art & Creativity for Healing for twenty-two years since ACFH's inception. Joe actually co-founded ACFH with his wife of 30 years, Laurie Zagon-Sorrentino. Joe was instrumental in helping Laurie fund the first year's expenses to get the nonprofit started.



Joe consistently comes in to the studio to help out organizing the warehouse of art supplies as well as making art kits for all our 400 monthly students working closely under the direction of Program Director Amy Baker.

"Joe puts a lot of heart and hard work into his volunteering. He has a systematic approach and is always efficient, so he is a tremendous help. But more importantly, he is always positive and uplifting and adds so much joy to our workday."

Thank you so much Joe, you are an asset to our team.



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At Cambaliza McGee LLP, we're changing misperceptions that CPAs are all about numbers and analytics. We laugh, we cry, and we journey through the ups-and-downs of life with our clients. While it's true we're a team of innovative, skilled professionals who specialize in complex business matters, at our core we're all about building deep and lasting relationships.

Our mission is to provide a strong work/life balance for everyone on our team, the highest level of expertise and respect for our clients, and to support those in need in our communities.

We offer a wide range of services for any non-profit group seeking tax and audit compliance.



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GIVE A CHILD IN NEED THE GIFT OF A

Healing ART BOX

WHEN THERE ARE NO WORDS THERE IS ART.



WHAT IS A HEALING ART BOX?

We're giving kids living with some of life's biggest hurts a box full of paints, crayons, paper, canvases, watercolors, sponges, and pencils and suggestions to use these tools to process the pain they are going through. With color and shape they can give voice without words to big hurts and to big hopes.



WHO RECEIVES HEALING ART BOXES?

"Healing Art Boxes" are distributed to children through our non-profit Partner Agencies. Some examples of the locations that the boxes are distributed to include:

- Children of the deployed
- Children in long term hospital care
- Children exposed to domestic violence
- Children whose families are experiencing financial hardship or homelessness.



WAYS YOU CAN HELP:

- Coordinate a group to help assemble boxes.
- Help with Healing Art Box Delivery or Distribution.
- Start a Fundraising Page at: www.art4healing.org/artboxes

THE STORY BEHIND THE HEALING ART BOX

Art & Creativity for Healing Founder Laurie Zagon describes what it was like at 9 years old in Queens, New York when an uncle gave her a box of art supplies. She immediately took to a private space in the basement of her home to try out this exciting gift.

"I remember the excitement I felt opening the box and seeing the pastels, colored pencils and paints. As I began using the supplies I felt like I had opened a treasure chest that could help me say some things about what was going on upstairs that I had no words for. Through art I was able to find a new form of therapy that has helped me through some of the most difficult times in my life. When I started the nonprofit back in the year 2000 I knew getting a "Box" of art supplies into the hands of children was going to be an important part of our mission as a nonprofit."

Thank you for your help tonight raising funds
to support emotional healing
through art & creative expression for:

SENIOR CITIZENS

living with loneliness, grief, stress, fear,
economic hardship or illness



In partnership with organizations such as:

Council on Aging - Southern California

La Habra Family Resource Center

Project Access Westminster Seniors

Southern California Hospice Foundation

In Loving Memory of

Kirsten Aston

Guild member, faithful friend &
sponsor of the ongoing work at
Art & Creativity for Healing



Kirsten Aston was one of three board of directors at Art & Creativity for Healing at its inception as a nonprofit in 2000. She was also one of the founding members of the HeARTs for Healing Women's Guild in 2001 and remained a member through 2020.

An accomplished artist, she was born in Norway and came to the U.S. to become a Nurse where she met Dr. Edward Aston. Kirsten and Ted Aston were married almost 50 years at her passing in September 2021.

She will be greatly missed by all of us at Art & Creativity for Healing.



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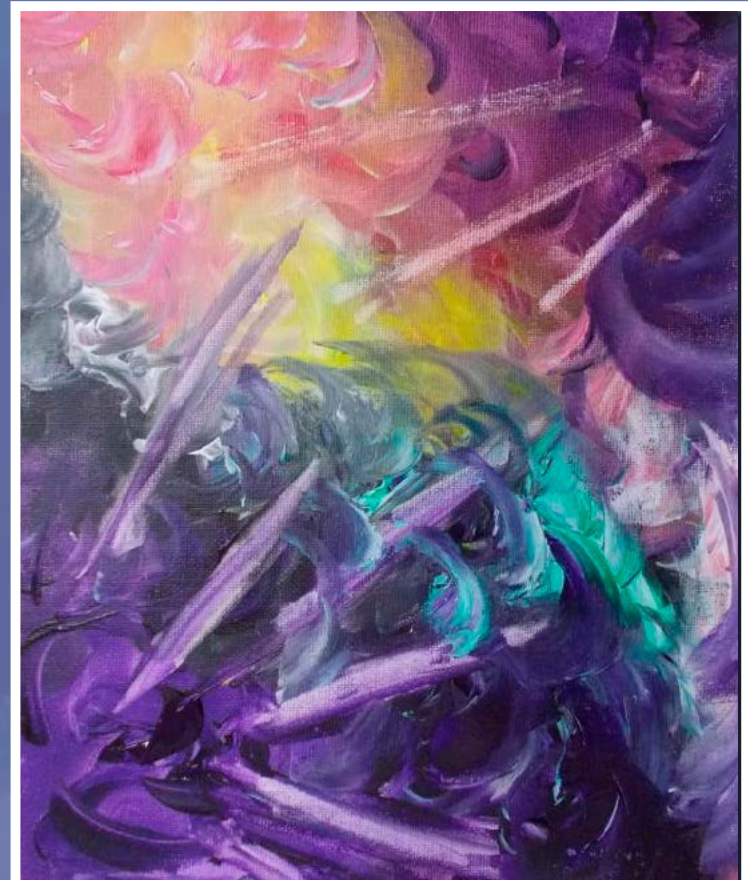


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Thank you for your help tonight raising funds to support emotional healing through art & creative expression for:

WOMEN SURVIVORS

Survivors of domestic violence, assault & human trafficking



PAINTING BY A PARTICIPANT FROM
OUT OF THE DARKNESS: WOMEN SURVIVORS PROGRAM

In partnership with organizations such as:
Human Options Emergency Shelter
Waymakers

IN MEMORY OF

Ruth K. Reed

OF THE RUTH & JOSEPH C. REED FOUNDATION FOR THE ARTS
1922 - 2022



Ruth was born in Iowa in 1922. At the age of 16 she attended the University Of Chicago School Of Art. After receiving her degree in Art she studied under Henry Kreis, a renowned sculptor at that time. There she learned her passion for clay and wood sculpting. Falling in love, marriage and two children forced her to set aside art and raise her family. Moving to California in the 1950's, after the marriage failed, Ruth and her two children settled in Seal Beach where she found the love of her life Dr. Joseph Reed. Rekindling her art in the 1970's, Ruth studied oil, watercolors and acrylic painting. After Dr. Reed's death, Ruth started the Ruth & Joseph C. Reed Foundation for the Arts in 2012. Not only through the foundation but through her private giving, Ruth has invested millions into non-profit art programs that have educated tens of thousands of under-served students in middle and high schools throughout Southern California. Ruth's main mission for the foundation was to preserve fine art through the eyes of children and hopefully enrich their lives forever. Her dedication to art education will live on through her family foundation for decades to come.

Thank you for your help tonight raising funds
to support emotional healing
through art & creative expression for:

TEENS & AT RISK YOUTH

Adolescents experiencing peer pressure, depression,
bullying, drug and alcohol abuse or teen pregnancy.



PAINTING BY A PARTICIPANT FROM
RAGING COLORS: EXPRESSIVE PAINTING FOR TEENS/AT-RISK YOUTH

In partnership with organizations such as:
Boys & Girls Clubs (Stanton & Westminster)
KidsWork OC
La Habra School District
Orange County Department of Education Alternative Schools
Western Youth Services

Thank you for your help tonight raising funds
to support emotional healing
through art & creative expression for:

MILITARY & THEIR FAMILIES

Active Duty Marines, Veterans & Their Families
Suffering with family separation, stress, deployment,
resettlement, or injuries.



PAINTING BY A PARTICIPANT FROM
"HEALING FOR HEROES AND THEIR FAMILIES" PROGRAM

In partnership with organizations such as:

- Camp Pendleton Wounded Warriors
- Deployment Center on Camp Pendleton
- San Onofre School at Camp Pendleton
- Wounded Warriors Battalion West
- Working Wardrobes - Power Up for Vets

CELEBRATING
the ongoing work of
ART & CREATIVITY FOR HEALING
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Proud to sponsor the ongoing work at Art & Creativity for Healing

Joe Sorrentino thanks
Jim of Buy My Bikes
in San Juan Capistrano
for donating another
awesome bike!



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Thank You,
Art & Creativity for Healing
for your work in the community!

Diane Stroebel

Thank you for your help tonight raising funds to support emotional healing through art & creative expression for:

FAMILIES IN LIFE TRANSITIONS

Domestic Violence Survivors, Economic Hardship, Family Reunification, Foster Families, Homeless Children & Their Families



PAINTING BY A PARTICIPANT FROM OUR HOMELESS CHILDREN AND THEIR FAMILIES

In partnership with organizations such as:
American Family Housing for The Homeless,
FaCT "Families and Communities Together" Program,
Illumination Foundation, OC Rescue Mission,
Someone Cares Soup Kitchen,
Tustin Temporary Emergency Shelter, etc.

ART & CREATIVITY FOR HEALING *Community Program Update*

OC DE ACCESS PROGRAM



Our ongoing partnership with the Orange County Department of Education's Alternative, Community, and Correctional Education Schools and Services (ACCESS) is going strong, providing Art4Healing® workshops at several locations.

We'd like to extend a special congratulations to Vern Burton. Previously an OCDE ACCESS Principal, Vern has been a powerful advocate for bringing Art4Healing® into their program. Join us in congratulating him on his promotion to Assistant Superintendent of the Orange County Department of Education Alternative Education!

Congratulations Vern, and thanks for your support!

**ART & CREATIVITY FOR HEALING
WOULD LIKE TO INTRODUCE YOU TO**
Retired Gunnery Sergeant Ernesto Aquino
**ONE OF OUR ART4HEALING®
WOUNDED WARRIORS FROM CAMP PENDLETON**

In 2013 Ernesto Aquino Retired Gunnery Sergeant USMC began attending our Art4Healing® workshops for Wounded Warriors at the Deployment Health Center on Camp Pendleton. Our method relaxed him and gave him a new way to express feelings using abstract painting on canvas as a vehicle of expression.



His creativity further expanded when he became involved with woodworking and photography. He has generously donated works of art for our auction tonight.



You can view more of Retired GySgt. Aquino's pens, bowls, woodwork and photography at:
www.facebook.com/bellazcraftedartz
Phone: 760-518-6121 Email: bellascraftedpens@yahoo.com

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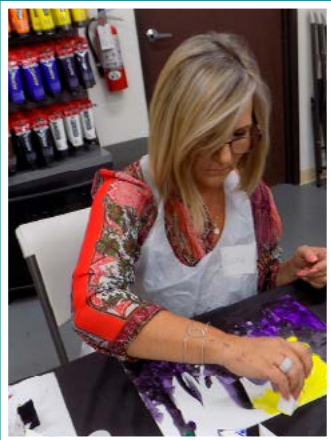


Thank you for your help tonight raising funds to support emotional healing through art & creative expression.

We invite you to participate in one of our

Live Online Workshops

all proceeds from studio workshops go towards the purchase of supplies for our outreach programs.



PAINTING BY A PARTICIPANT FROM A STUDIO WORKSHOP

Zoom Workshops are open to the community. No previous art experience necessary.

All proceeds from Corporate, Zoom & In-Studio Workshops go towards providing free programs for our community non-profit Partner Agencies.



WORKSHOP FAQ

What can I expect at an Art4Healing® Workshop?

Our 2-hour live online workshops teach you how to express yourself with color, using the Zagon Method of Art4Healing®. Participants will process their feelings on canvas while learning about color, composition, and other elements of art. An Art4Healing® live online workshop allows participants to get in touch with inner feelings that many times words cannot express. A facilitator leads participants through a series of prompts as they respond by painting abstractly with acrylic colors on canvas. The method helps participants express their feelings in a safe way by associating a color with a feeling.

Do I need previous art experience?

NO! Previous art experience isn't necessary! Some workshops require you to have taken a previous Art4Healing workshop, but you do not have to be an artist to create with us.

How long are the workshops?

Each workshop is 2 hours long unless otherwise noted

Who leads the workshops?

All workshops are led by certified Art4Healing® facilitators. Although workshops are therapeutic, we are not art therapists. Participants are free to create and express without facilitator interpretation.

How much is the workshop and supplies?

All art supplies are included, and each workshop is \$39 unless noted otherwise.

What should I wear?

Please wear comfortable clothing you wouldn't mind getting paint on—don't worry, we'll provide an apron!

Will I take home some art?

Participants will be able to create and take home 3 paintings - all done with acrylic paint on canvas. The Art4Healing® method teaches participants a way to say things with color and paint when there are no words.

REGISTER TO PARTICIPATE IN AN UPCOMING

Online Workshop

Identity in Colors:	Saturday, May 21, 2022	9:00 AM-11:00AM
Illusion of Control:	Sunday, May 29, 2022	2:00 PM-4:00 PM
Speaking With Colors:	Saturday, June 4, 2022	9:00 AM-11:00AM
Seasons of Change:	Sunday, June 12, 2022	2:00 PM-4:00 PM
The Power of Color:	Sunday, June 26, 2022	2:00 PM-4:00 PM

THANK YOU TO OUR FACILITATORS!

With grateful hearts to the men and women who bring these tools to our community. We are privileged to work with you.

Amy Baker	Kim Schubert
Charley Baker	Nancy Stewart
Kate Curry	Lisa Stoughton
Jody Marcon	Laura Svette
Lauren Miller	Randi Winters
Megan Sauder	Laurie Zagon



THANK YOU TO OUR VOLUNTEERS!

Thank you for giving our your time, your resources and yourselves tonight. Your presence here tonight is so gratefully appreciated and we thank you!

Brenda Zeller	Kathy Saling	MaryBeth Volpini
Eric Lokwest	Kim Schubert	Michelle Cheng
Jody Marcon	Laura Svette	Noah Cheyer
Joe Sorrentino	Laurie Gooch	Patti Romo
Josh Baker	Lindsay Steinmetz	Susan Elizalde-Henson
Kate Curry	Marilyn Liu	Susie Garcia

A SPECIAL THANKS TO

Randi Winters

TEACHER OF THE YEAR

Randi began with ACFH 13 years ago after completing the ACFH Facilitator Training Levels I and II in 2005. In 2017, she updated her ACFH Facilitator Certification through Brandman University.



After 6 years of facilitating for us, we are still amazed by Randi's above and beyond approach to everything she does. Because of her dedication to ACFH, we are able to offer a live Zoom workshop every weekend and reach people all over the world with the Art4Healing method!

Randi also facilitates the virtual Bereavement Series and all our virtual workshops with our partner agencies.

Not only has Randi helped our virtual workshops grow and thrive, she has also helped expand our online Art4Healing International Certificate Program by coaching the majority of our students. She manages her students masterfully and always eagerly says yes when we ask her to take on more students.

Randi also helped us translate our Art4Healing At-Home Workshop curriculum into Spanish, making it more accessible.

In addition to all these wonderful contributions to ACFH, she is a dedicated HeARTS for Healing Guild Member! She makes an amazing ambassador, as well as a facilitator and coach!

We are so appreciative of her commitment to Art4Healing and for the outstanding job she does with her students. Here are some testimonials from her students:

"Randi was phenomenal. As a beginner she made me feel very comfortable and was very encouraging."

"Randi was well-informed and welcoming. She engaged with everyone in the group and made the environment very comfortable and safe."

"Randi is a great instructor and coach! Excellent with content, pace, and with including everyone in class."

Thank you for all you do for ACFH Randi! We are so grateful!



Have you been impacted by Art4Healing® and want to share it with others?

Become a certified Art4Healing® Facilitator:



Complete online in 2-9 months.

Personalize your schedule to complete each assignment.

9 hours of coaching via six virtual meetings with Art4Healing® Coach.

Complete 2 Practicums by recording and submitting videos facilitating workshops in your own community.



Contact us with any questions, we'd love to talk to you!
info@art4healing.org - 949-367-1902

CERTIFICATE PROGRAMS FREQUENTLY ASKED QUESTIONS

Who are the trainings for?

The Certification programs are designed for counselors, teachers, therapists, medical professionals, artists, and others interested in learning the Art4Healing® method and using the exercises in their own work with children and adults suffering from abuse, illness, grief or stress. Participants will learn how to use the language of color as a way to facilitate creativity and emotional expression through abstract painting on canvas and other visual mediums. Throughout the certification process, students will be asked to participate and facilitate segments of a workshop. This certificate allows for the individual use of the Art4Healing® methods within private practice or as a supplement to existing therapeutic, educational, or artistic programs.

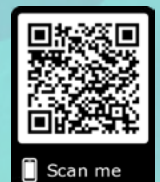
How long does the certification take to complete?

International Online Certification.....Between 2- 9 months

Do I need an art background or art degree to apply?

Prospective students do not need an art background or an art degree to apply. We certify counselors, teachers, therapists, medical professionals, artists, and others who help children and adults suffering from abuse, illness, grief or stress in the Art4Healing® method.

Call us to talk about which program would be the best fit for you.



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of fresh flowers.

THANK YOU FOR YOUR GENEROSITY! YOUR GIVING IMPACTS:

FAMILIES IN CRISIS



"The dark is trying to take over, but in my painting I see the light is there too."

- OC Rescue Mission Participant

WOUNDED WARRIORS



"Sometimes our parents are deployed and this painting represents the love that we have for them no matter how far away they are."

- San Onofre Student

GRIEVING SENIORS



"...Today I was safe to speak and I learned I have feelings that are valid."

- La Habra FRC Senior

TROUBLED TEENS



"Art4Healing helped me express my bottled up feelings. Instead of using my fists to express myself, I can now use paint."

-Raging Colors Participant

WOMEN SURVIVORS



"When I see my painting I am shocked. I see my story. I see anger, struggle, pain, joy. That I am conquering it all. I see that hope is all over the darkness."

-Domestic Abuse Survivor



5 REASONS WHY WE DO WHAT WE DO

1. To provide a way for non-artists to learn to express themselves creatively and intuitively
2. To teach participants a method that is easy, fun and process oriented
3. To reveal the language of abstract painted colors on canvas to build creative communication
4. To guide participants to find their inner voice with expressive art
5. To give participants the opportunity to learn more about art and painting abstractly

2022

HIGHLIGHTS

- Expanded our partnership with Orange County Department of Education alternative ACCESS schools from serving 6 schools to serving 23 schools
- Resumed weekly workshops with Wounded Warrior Battalion West on Camp Pendleton after receiving a starter grant
- We are on track to serve over 4,000 children, teens, adults and families this year.

Art4Healing® 10 YEAR PROGRAM IMPACT REPORT:

With data collected from 19,234 Art4Healing® workshop participants between 2009-2020, we completed Outcomes Reports for 3 of our core programs that serve teens, homeless and economically disadvantaged families, active duty marines, veterans and their families. We are thrilled with the results and excited to share the Reports Key Findings (% represent outcome averages from 3 reports).



96%

OVERALL SATISFIED WITH THEIR WORKSHOP

96% of participants were overall satisfied with their workshop

FELT BETTER

84.29% of participants strongly agreed that they felt better after taking a workshop

9 out of 10



9 out of 10

WOULD REFER A FRIEND

92.6% of participants would refer a friend to a workshop based on their experience.

TAKE ANOTHER WORKSHOP

93.2% of participants would like to take another Art4Healing workshop

9 out of 10



90,000+

INDIVIDUALS IMPACTED BY ART4HEALING®

since Art & Creativity for Healing's inception in 2000



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