

THE STORY BEHIND THE

Healing

ART BOX

Art & Creativity for Healing Founder, Laurie Zagon, describes what it was like at 9 years old in Queens, New York when an uncle gave her a box of art supplies. She immediately took to a private space in the basement of her home to try out this exciting gift.

"I remember the excitement I felt opening the box and seeing the pastels, colored pencils, and paints. As I began using the supplies I felt like I had opened a treasure chest that could help me say some things about what was going on upstairs that I had no words for. Through art I was able to find a new form of therapy that has helped me through some of the most difficult times in my life. When I started the nonprofit back in the year 2000 I knew getting a 'Box' of art supplies into the hands of children was going to be an important part of our mission as a nonprofit."



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Healing

ART BOX



“

Thank you so much for my Healing Art Box. I have never received something like this before. I was going to cry. I especially love the journal, markers, and colored pencils. I also love all the art activities I can do at home.

”

-Healing Art Box Recipient

GIVE A CHILD IN NEED THE GIFT OF A

Healing

ART BOX

**WHEN THERE ARE NO WORDS
THERE IS ART.**



WHAT IS A HEALING ART BOX?

A "Healing Art Box" is a shoebox filled with 10 brand new art supplies distributed to children experiencing hardship.

WHO RECEIVES HEALING ART BOXES?

"Healing Art Boxes" are distributed free of charge to over 2,000 children each year through our non-profit Partner Agencies.

Some examples of the locations that the boxes are distributed to are:

- **Children of the deployed**
- **Children with mental health challenges**
- **Children exposed to domestic violence**
- **Children whose families are experiencing financial hardship or homelessness**
- **Troubled youth & teens**

WAYS YOU CAN HELP...

**Coordinate a Group to
Help Assemble Boxes**



**Help with Healing Art Box
Delivery and Distribution**



**Start a Peer to Peer
Fundraising Page or make a
Personal Donation at:
www.art4healing.org/artboxes**

