

Thank you for joining us for the



*Celebrating therapeutic art
as a tool for mental health.*

*Saturday, April 26, 2025
at the
Ambassador Event Center
in Irvine, California*



VALUED SPONSORS AND GUESTS

WELCOME TO OUR 2025 EVENT

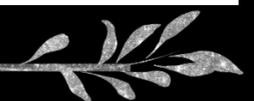


RAISING FUNDS TO SUPPORT
MENTAL HEALTH & EMOTIONAL HEALING
THROUGH ART & CREATIVE EXPRESSION FOR:

Children/Adults with Disabilities and their Families
Troubled Teens
Survivors of Domestic Violence & Sex Trafficking
Grieving Seniors
Families Experiencing Homelessness
Wounded Warriors & Children of the Deployed

WE ARE THANKFUL FOR YOUR
GENEROSITY AND PARTICIPATION
IN TONIGHT'S EVENT.

Art & Creativity for Healing
23011 Moulton Parkway, Suite I-5,
Laguna Hills, CA 92653
Ph: 949.367.1902 - Fx: 949.367.1904
info@art4healing.org - www.art4healing.org



BLACK & WHITE

25th Anniversary Ball

EVENT SCHEDULE

Registration

Doors open at 4:30 p.m.

Cocktail Hour

4:30 p.m. - 6:00 p.m.

Silent Auction

4:30 p.m. – 7:00 p.m.

Dinner

6:00 p.m. – 7:00 p.m.

Welcome and Awards

7:05 p.m. – 7:20 p.m.

25 Year Video & Fund-the-Need

7:20p.m. – 8:00 p.m.

Live Auction

8:00 p.m. - 8:15 p.m.

Music, Dancing, & Mingling

8:15 p.m. – 10:00 p.m.

Event Ends

10:00 p.m.



OUR MISSION:
TO SUPPORT EMOTIONAL HEALING
THROUGH ART & CREATIVE EXPRESSION
FOR THOSE LIVING WITH
PAIN, GRIEF, FEAR OR STRESS.

OUR MISSION

We give pain a voice and meaning by providing therapeutic art workshops to support mental health and emotional healing for children, families, individuals, and military personnel using our unique Art4Healing® method. These workshops and community programs offer expression, encouragement, clarity, and insight, and are held at our facility in Laguna Hills, California, and on-site at hospitals, treatment centers, schools, military facilities, shelters, and other non-profit centers.

A CREATIVE PROCESS THAT FACILITATES HEALING

Art & Creativity for Healing facilitates the creative process while encouraging mental health & emotional healing—and these two paths often intersect when words are not adequate, and pain is too deep.

The mix of artistic development and expression coupled with a creative healing model allow participants to learn a new way of communicating through color that encourages emotional breakthroughs and further enhances the therapy process. Unlike other art programs that employ a loose format of free expression, the Art4Healing® curriculum contains strictly guided exercises, conducted by trained and certified facilitators, and is designed to elicit emotional responses.

A HISTORY OF TRANSFORMATION

Since our inception in 2000, Art & Creativity for Healing, Inc., a 501(c)(3) nonprofit corporation, has directly fostered transformational change for over 100,000 children, women, and families who have found our creative intervention a valuable tool to address the often unbearable pain in their lives.

With more than 40 non-profit program partners in Orange, San Diego and Los Angeles counties, we have created an effective methodology for reaching people in pain. Thanks to the support of foundations, corporate and private donors, we are able to provide programs and services for approximately 4,000 Southern California residents each year. We serve all individuals regardless of race, creed, sex, age, or emotional stability.





BOARD OF DIRECTORS

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Board Member

WANT TO JOIN OUR NON-PROFIT BOARD?
Contact co-chairs Thanh & Lino Cambaliza at:
thanh.cambaliza@gmail.com

EVENT CO-CHAIRS

Thanh Cambaliza & Nickie Tran

WITH THANKS TO OUR *Event Co-Chairs*



Thanh Cambaliza

Your big heart and unwavering support as co-chair of our 25th Anniversary Gala have made all the difference. We are deeply grateful for the love and care you've poured into this event.



Nickie Tran

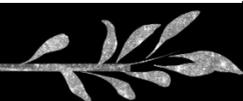
Your generosity and heartfelt commitment as co-chair of our 25th Anniversary Gala have touched us all. Thank you for being a driving force behind this special event and for always going above and beyond.

WITH THANKS TO OUR *Auction Chair*



Elizabeth Kurtz

We are thankful to you for all of the effort you have put into making tonight's silent and live auctions a success. Your contributions to the work of Art & Creativity for Healing are greatly appreciated.



Art

LAGUNA NIGUEL News
An Orange County Register publication
Thursday, July 17, 2003



HEALING ART Laguna Niguel business owner Loretta Zagon displays some of the paintings she made while in the Art and Creativity for Healing workshop. Laguna Niguel residents struggled with the tradition of being a mother on drugs.

Color, creativity used as elixir for hurts

BY HEATHER BURGESS/REGISTERS

When 13-year-old Loretta Zagon was diagnosed with a brain tumor, she was told she would have to live with the effects of chemotherapy for the rest of her life. But she didn't want to live like that. She wanted to live like a normal girl. So she started painting. And she started singing. And she started healing.

HEALTHY WAY TO PEACE

Art and Creativity for Healing helps Laguna Niguel children deal with abuse.

ART

For more information about Creativity for Healing, visit www.art4healing.org or call 949-367-1902.

ANAHEIM HILLS NEWS
Thursday, July 17, 2003



PAINTING THEIR WAY TO PEACE

Art and Creativity for Healing helps Laguna Niguel children deal with abuse.

ART

For more information about Creativity for Healing, visit www.art4healing.org or call 949-367-1902.

ART

For more information about Creativity for Healing, visit www.art4healing.org or call 949-367-1902.

WORKING IT OUT

Art is one avenue being used to help young people better manage anger and fear.

ART

For more information about Creativity for Healing, visit www.art4healing.org or call 949-367-1902.

THE ORANGE COUNTY REGISTER

A brush with an angel

Art Lab's 'Angels' a night of music and art to help young people better manage anger and fear.

ART

For more information about Creativity for Healing, visit www.art4healing.org or call 949-367-1902.

ORANGE COAST

paint & sing your troubles away

Art Lab's 'Angels' a night of music and art to help young people better manage anger and fear.

ART

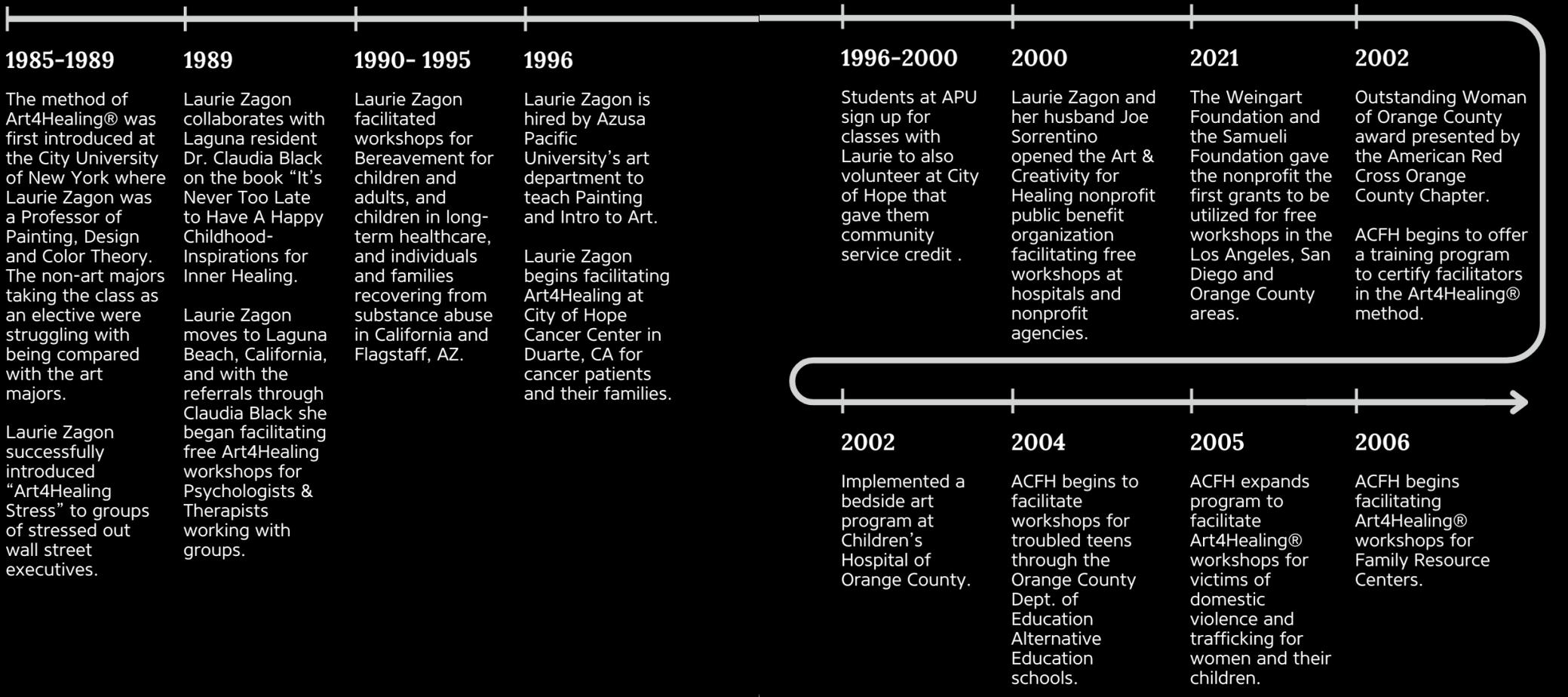
For more information about Creativity for Healing, visit www.art4healing.org or call 949-367-1902.

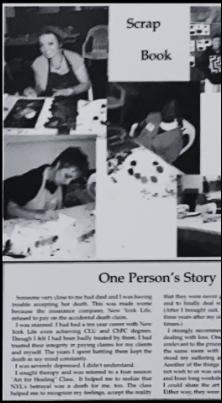
ART

For more information about Creativity for Healing, visit www.art4healing.org or call 949-367-1902.

Art4Healing® Timeline

Celebrating 25 years of Art & Creativity for Healing.





ART & CREATIVITY FOR HEALING

Have you been impacted by Art4Healing® and want to share it with others?

Become a certified Art4Healing® Facilitator:



Complete online in 2-9 months.

Personalize your schedule to complete each assignment.

9 hours of coaching via six virtual meetings with Art4Healing® Coach.

Complete 2 Practicums by recording and submitting videos facilitating workshops in your own community.



Scan me

Contact us to learn more about our Certification Program!
info@art4healing.org
 949-367-1902

2007

Implemented twice yearly Volunteer Orientations.

2008

Facilitating Art4Healing® workshops for homeless families in crisis.

 The formation of the HeARTs for Healing women's guild led by board member Andi Mandel.

2009

Began Healing Art Box program, donating thousands of art boxes to the schools at Camp Pendleton Marine base and other Southern California non-profits serving underprivileged children.

2010

Began facilitating Art4Healing® workshops for disabled children and their families.

25 Years

2018

Launched the Art4Healing® International Certification Program (AICP) for those wanting to bring our methodology to their communities worldwide.

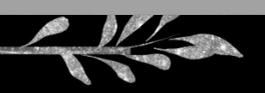
2020

Outstanding Founder Award presented to Laurie Zagon by the Association of Fundraising Professionals Orange County

2024-2025

The launch of the Exceptional Family Members workshops supporting children/teens on the Autism spectrum as well as those with Down Syndrome. Expansion of our studio facility.

Since its formation in 2000, Art & Creativity for Healing has facilitated workshops for 100,000+ children, teens, adults, and military families.



OUR TOP TEN AWARDS



SANDY & MARKUS BOHI

Your kindness, generosity, and dedication have been invaluable to our organization. We are grateful for your many contributions. Thank you, Sandy, for being one of our first board members.



NANCY FILSON

You have been a loyal and outstanding volunteer all these years. Our silent auctions wouldn't be nearly as successful without your incredible talent for creating beautiful auction baskets. You have also donated your time for countless hours with volunteer activities over the years, and we are deeply grateful for your dedication and generosity.



DONNA JOHANSEN

Your creative office designs from the early years have made a lasting impact on our organization and its growth. We are immensely grateful for your commitment and the inspiring contributions you've brought to our agency environment.



SARAH KASMAN

Thank you for your generous spirit and the invaluable advice you've shared with us in the early years. Your guidance and encouragement were instrumental in building the strong foundation we have today.



RICHARD & ANDI MANDEL

You have been pillars of strength and compassion for Art & Creativity for Healing. Thank you for your generous support and for helping to enrich our mission in countless ways. Thank you, Andi, for being one of our first board members and the founder of the HeARTs for Healing Women's Guild.

HONORING TEN INDIVIDUALS AND COUPLES WHO HAVE BEEN WITH US SINCE THE BEGINNING.



PEPE MERCADO

Thank you for your steadfast support and expertise as our IT specialist. Your dedication to keeping our systems running smoothly has been invaluable to our mission and the people we serve.



LEAH PREHN

Your innovative ideas and support have been instrumental in shaping our mission, and we still use your ideas to this day. We are profoundly grateful for your lasting impact and your continued belief in our work.



LINDSAY RESKEY

Your creativity, loyalty and heart shaped our mission from the very beginning. Your talent and vision have left an indelible mark on our organization and the community we serve.



SUSAN ROBERTSON

Your unwavering dedication and meticulous work as our accountant have been essential to our success. Thank you for keeping everything in order and supporting our mission with such care and commitment.



NANCY TORBITT-STEWART

Your creativity and dedication have been a huge part of our success. Thank you for your loyalty and commitment and your excellence as an Art4Healing facilitator in the early years as well as today.

STAR AWARDS

WITH THANKS TO THOSE
WHO HAVE MADE A GIANT IMPACT ALONG THE WAY.



ASTON FAMILY

Your unwavering support and commitment to Art & Creativity for Healing have been truly inspiring. Thank you for the generosity and heart you've shown, making a lasting difference in our community.



ERIC LIKNESS

Your incredible dedication and insight have played a pivotal role in our success. Thank you for your invaluable ongoing digital support and for always offering your expertise with such enthusiasm.



AMY BAKER

Your leadership, passion, and vision have shaped every aspect of Art & Creativity for Healing. Thank you for your tireless work and for being the heart and soul of our organization.



LISA STOUGHTON

As a guild member and facilitator, your support and commitment have been invaluable to our organization. We are deeply grateful for your contributions and for the impact you've made in helping our mission thrive.



MELANIE COUGHLIN

As a professor at Pepperdine, you introduced and brought your psychology students to our studio year after year to introduce them to our program.



LAURA SVETTE

As an Art4Healing facilitator, you have always gone above and beyond in your dedication. Your compassion has made a lasting impact on our organization and the lives of those we serve.



DEIDRA JENKINS

Your dedication and passion for our mission have been so helpful to us. You have been an amazing volunteer, and we are deeply grateful for the hard work and energy you've invested in making a difference in the lives of those we serve.



RANDI WINTERS

You have been an outstanding certification coach, and your dedication has made a significant impact on our organization. We are so grateful for the way you represent us and for the invaluable support you provide to our team and mission.





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Cambaliza McGee LLP is a dedicated CPA firm that believes in the power of paying it forward. With a deep commitment to integrity, excellence, and community service, we go beyond numbers to make a meaningful impact. We are proud to support Art & Creativity for Healing in celebrating 25 years of giving pain a voice through colors. By sponsoring this incredible nonprofit, we honor its mission to bring hope and healing through artistic expression.

Our mission is to provide a strong work/life balance for everyone on our team, the highest level of expertise and respect for our clients, and to support those in need in our communities.

We offer a wide range of services for any non-profit group seeking tax and audit compliance.



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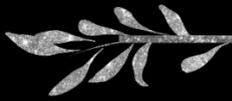
With *gratitude*
 for the life of
Jeremy Mandel



1976-2025

Jeremy was a delight to have at the Art & Creativity workshops. He was always the first to introduce himself or engage a new friend in conversation. We are grateful for his life and will miss having this kind, creative, and genuine person in our midst.





OUR PROGRAMS:

WOUNDED WARRIORS

Active Duty Marines, Veterans & Their Families
Suffering with family separation, stress, deployment, resettlement, or injuries.



EXCEPTIONAL FAMILIES

Children/adults with developmental disorders of intellectual disabilities and their caregivers.



MISSING YOU

Grieving Children, Families and Seniors experiencing the loss of a loved one



WOMEN SURVIVORS

Survivors of domestic violence, assault & human trafficking



TROUBLED TEENS

Adolescents experiencing alternative education, peer pressure, depression, bullying, drug and alcohol abuse or teen pregnancy.



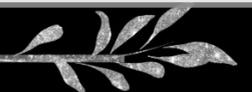
FAMILIES IN LIFE TRANSITIONS

Economic Hardship, Family Reunification, Foster Families, Children Experiencing Homelessness Their Families



PARTNER AGENCIES:

- All for Kids
- American Family Housing
- Big Brothers Big Sisters Orange County
- Camp Pendleton Wounded Warrior Battalion – West
- City of San Juan Capistrano Senior Community Center
- City of Stanton
- Easterseals
- Families and Communities Together (FaCT)
- Florence Sylvester Senior Center
- Gigi's Playhouse
- Human Options
- KidsWorks OC
- La Habra Family Resource Center
- Laura's House
- New Vista School
- OC Rescue Mission
- Orange County Department of Education Alternative, Community, and Correctional Education Schools and Services (ACCESS)
- Project Hope Alliance
- San Onofre Elementary School
- Someone Cares Soup Kitchen
- Stanton Boys & Girls Club





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IN MEMORY OF

Ruth K. Reed

OF THE RUTH & JOSEPH C. REED FOUNDATION FOR THE ARTS
1922 - 2022

Ruth was born in Iowa in 1922. At the age of 16 she attended the University Of Chicago School Of Art. After receiving her degree in Art she studied under Henry Kreis, a renowned sculptor at that time. There she learned her passion for clay and wood sculpting. Falling in love, marriage and two children forced her to set aside art and raise her family. Moving to California in the 1950's, after the marriage failed, Ruth and her two children settled in Seal Beach where she found the love of her life Dr. Joseph Reed. Rekindling her art in the 1970's, Ruth studied oil, watercolors and acrylic painting. After Dr. Reed's death, Ruth started the Ruth & Joseph C. Reed Foundation for the Arts in 2012. Not only through the foundation but through her private giving, Ruth has invested millions into non-profit art programs that have educated tens of thousands of under-served students in middle and high schools throughout Southern California. Ruth's main mission for the foundation was to preserve fine art through the eyes of children and hopefully enrich their lives forever. Her dedication to art education will live on through her family foundation for decades to come.

"WE ARE VERY PROUD OF OUR RELATIONSHIP WITH ART & CREATIVITY FOR HEALING
AND THE OPPORTUNITY TO SUPPORT SUCH A WORTHY ORGANIZATION
THAT KNOWS THE VALUE OF ART IN OUR LIVES."



WWW.REEDARTS.ORG



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WHEN THERE ARE NO WORDS THERE IS ART.

\$40 gives pain a voice with the gift of a

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ART BOX

to a child experiencing illness, grief or stress.



WHAT IS A HEALING ART BOX?

For only \$40 per box, we put together a shoe box filled with 10 different brand new art supplies. We also include a series of exercises to stimulate and entertain children experiencing hardship.

WHO RECEIVES HEALING ART BOXES?

“Healing Art Boxes” are distributed to children through our non-profit Partner Agencies. Some examples of the locations that the boxes are distributed to include:

- Children of the deployed
- Children in long term hospital care
- Children exposed to domestic violence
- Children whose families are experiencing financial hardship or homelessness.



“ ”

“Thank you so much for the box of art supplies. I was going to cry. I have never received something like this before. I love the book where you can draw. I love the markers and colored pencils too! They are so cool! I also love all the art activities I can do at home!”

” ”

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IT HAS BEEN AN HONOR FOR ME TO BE A SUPPORTER OF ACFH FOR 25 YEARS. CONGRATULATIONS TO ART & CREATIVITY FOR HEALING.

— Joe Sorrentino a.k.a. "Mr. Zagon" —





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Celebrating

25 years of
 Art & Creativity for Healing
 bringing therapeutic art workshops
 to our communities!
NICK & ERICA JONES

Congratulations to

ART & CREATIVITY
 FOR HEALING

FOR PROVIDING ART & HEALING
 TO WOMEN AT HUMAN OPTIONS SINCE 2005.

-Charlene Baker

THE ASTON FAMILY
 CONGRATULATES



ON 25 YEARS OF BRINGING
 ART AND HEALING
 TO SO MANY IN OUR COMMUNITY.



Proud supporters of



Thank you for all you do to bring your unique creative process to the lives of so many in need of healing.

-The Joy Family



Congratulations on 25 Years of Transformative Healing Through Art!

Thank you for 25 years of compassionate service, creativity, and healing.

Here's to many more years of inspiring and transforming lives through the power of art.

CONGRATS TO
ART & CREATIVITY
FOR HEALING
ON 25 YEARS OF SERVICE!
-Cara Paynter

Tina Van Dam

THANK YOU TO OUR EVENT VENDORS:



Thank you for sharing the gift of live music with us tonight!

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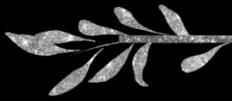
THROUGH MIST AND MOSS

for the lovely centerpieces and cupcakes this evening!



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Charley Baker
 Trudy Bruning
 Stephanie Burns
 Margie Bushaw
 Betty Jordan
 Wendy Joy
 Jean Kerrigan
 Yumiko Majima
 Andi Mandel
 Sue Parr

Susan Richardson
 Wendy Schaller
 Sue Stinson
 Lisa Stoughton
 Diane Stroebel
 Randi Winters
 MaryAnn Wisner
 Sandy Wood
 Brenda Zeller



A HeARTfelt thank you to our HeARTs for Healing Women's Guild! These compassionate, energetic, and dedicated ladies serve as ambassadors and representatives of our organization to the community. Without their support, this event would not be possible.

THANK YOU TO OUR FACILITATORS

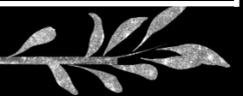
With grateful hearts to the men and women who bring these tools to our community. We are privileged to work with you.

Amy Baker	Nancy Stewart
Charley Baker	Lisa Stoughton
Wendy Joy	Beth Stevens
Liana Peña	Laura Svette
Lorraine "Rainey" Porras	Randi Winters
Jennette Pulecio	MaryAnn Wisner
Kim Schubert	Laurie Zagon

THANK YOU TO OUR VOLUNTEERS

Thank you for giving our your time, your resources and yourselves tonight. Your presence here tonight is so gratefully appreciated and we thank you!

Kristi Augustine	Montel Newhouse
Josh Baker	Susan Richardson
Susan Elizalde-Henson	Claudia Rizzi
Susie Garcia	Wendy Schaller
Elizabeth Green	Joe Sorrentino
Hannah Green	Lisa Stoughton
Deidra Jenkins	Laura Svette
Betty Jordan	MaryAnn Wisner
Eric Lokwest	Mary Beth Volpini
Marilyn Liu	Brenda Zeller





We invite you to participate in one of our
Art4Healing Workshops
 available live online and in-studio



PAINTING BY A PARTICIPANT FROM
 A STUDIO WORKSHOP

Zoom and Studio Workshops are open to the community.
 No previous art experience necessary.

REGISTER TO PARTICIPATE IN AN UPCOMING WORKSHOP

Painting Hope (In-Studio)	Wed., Apr. 30, 2025	6-8 PM
Expressions of Humility (Live Zoom)	Sat., May 3, 2025	9-11 AM
A Journey with Color (In-Studio)	Sat., May 17, 2025	9-11 AM
Expressing the Elements (Live Zoom)	Sun., May 18, 2025	2-4 PM
Expressions of Humility (In-Studio)	Wed., May 28, 2025	6-8 PM
A Journey with Color (Live Zoom)	Sat., June 7, 2025	9-11 AM
Celebration of Life (Live Zoom)	Sat., June 7, 2025	9-11AM
Painting Purpose (In Studio)	Sat., June 14, 2025	9-11AM
Expressing Radiance (Live Zoom)	Sun., June 15, 2025	2-4 PM
Expressing Rocks & Rivers (In-Studio)	Wed., June 25, 2025	6-8 PM

All proceeds from Corporate,
 Zoom & In-Studio Workshops
 go towards providing free
 programs for our community
 non-profit Partner Agencies.



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- Barbara Kurtz
- Bella Collina San Clemente
- Big Air Trampoline Park
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- Brenda Zeller/ Gerry Erickson
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Tina Van Dam
Urban Plates
Vision Electric Boat Rental
Warrior Oak Woodturning LLC
Wendy Joy
Wendy Schaller
Wheel of Fortune
Wild Rivers Waterpark
Wilson Creek Winery &
Vineyards
Yumiko Majima



Art4Healing® 10 YEAR PROGRAM IMPACT REPORT:

With data collected from 19,234 Art4Healing® workshop participants between 2009-2020, we completed Outcomes Reports for 3 of our core programs that serve teens, homeless and economically disadvantaged families, active duty marines, veterans and their families. We are thrilled with the results and excited to share the Reports Key Findings (% represent outcome averages from 3 reports).



OVERALL SATISFIED WITH THEIR WORKSHOP

96% of participants were overall satisfied with their workshop

FELT BETTER

84.29% of participants strongly agreed that they felt better after taking a workshop

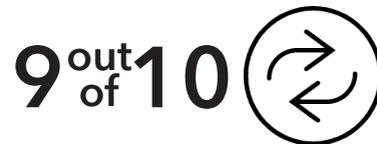


WOULD REFER A FRIEND

92.6% of participants would refer a friend to a workshop based on their experience.

TAKE ANOTHER WORKSHOP

93.2% of participants would like to take another Art4Healing workshop



INDIVIDUALS IMPACTED BY ART4HEALING®

since Art & Creativity for Healing's inception in 2000



5 REASONS WHY WE DO WHAT WE DO

1. To provide a way for non-artists to learn to express themselves creatively and intuitively.
2. To teach participants a method that is easy, fun and process oriented.
3. To reveal the language of abstract painted colors on canvas to build creative communication.
4. To guide participants to find their inner voice with expressive art.
5. To give participants the opportunity to learn more about art and painting abstractly.



WHAT PARTICIPANTS ARE SAYING ABOUT OUR WORKSHOPS



The "Healing For Heroes" Program for the Wounded Warrior Battalion on Camp Pendleton.

HEALING FOR HEROES CAMP PENDLETON WOUNDED WARRIOR PARTICIPANT

"This was cathartic. All the things I hold inside and keep bottled up, I was putting on the canvas and felt like I was letting it go. It felt good and I want those emotions to stay on the canvas. These exercises always bring a great amount of clarity to my emotions."



Exceptional Family Members program, supports individuals with disabilities & their caregivers.

EXCEPTIONAL FAMILY MEMBERS TEEN PARTICIPANT WITH AUTISM

"This really made me think and focus on kindness, and why we need it in the world. You can always be generous and kind, no matter what is going on."



Participants during a "Vintage Colors" workshop use color to respond to guided prompts.

GRIEVING CHILDREN, ADULTS & SENIORS VINTAGE COLORS SENIOR PARTICIPANT

"This class revealed things to me that I hadn't yet considered, and it has really made a big change in my life. I wanted to tell you how meaningful that was to me and that I truly feel that I have found some healing in my life."



A painting from a Human Options "Out of the Darkness" Workshop Participant.

OUT OF DARKNESS WOMEN'S SURVIVOR PARTICIPANT

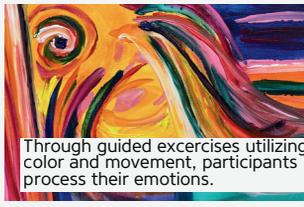
"I am currently processing a fresh disappointment with betrayal and breaking of trust. I learned that I am able to paint some of the raw feelings I do not yet have words for."



Weekly workshops are facilitated at 24 schools through OC Dept. of Ed's Alternative Education.

RAGING COLORS AT-RISK TEEN PARTICIPANT

"This allowed me to paint and see the anxiety and securities I feel as a teen. The pain is dark (black and blue), jagged and sharp. But it is surrounded by love. There is a lot of anger and hurt in my current journey, but there is a lot of peace and maturity I feel as I am growing here at juvenile hall."



Through guided exercises utilizing color and movement, participants process their emotions.

FAMILIES IN CRISIS PARTICIPANT EXPERIENCING HOMELESSNESS

"These workshops really help reduce my stress. I've noticed during the last couple of workshops that I would come in with stress and feel noticeably better when I left. It felt good to let myself go. I think everyone should experience this class."